

Non-Toxic Foliage

Foliage non-toxic for birds:

ACACIA
ALOE
AFRICAN VIOLET
BABY'S TEARS
BAMBOO
BEGONIA
BOSTON FERN
BOUGAINVILLEA
CHICKWEED
CHRISTMAS CACTUS
CISSUS (KANGAROO VINE)
COLEUS
CORN PLANT
CRABAPPLE
DANDELION
DOGWOOD
DONKEY TAIL
DRACAENA VARIETIES
FERNs: (BIRD'S NEST, BOSTON,
MAIDENHAIR)
FIGS: (CREEPING, RUBBER, FIDDLE
LEAF, LAUREL LEAF)
GARDENIA
GRAPE IVY
HEN AND CHICKENS
IMPATIENS
JADE PLANT
KALANCHOE
MAGNOLIA
MARIGOLDS
MONKEY PLANT
MOTHER-IN-LAW (Are we sure?)
NASTURTIUM
NATAL PLUM
NORFOLK ISLAND PINE
ORCHIDS
PALMS: (ARECA, DATE, FAN, LADY,
PARLOUR, HOWEIA, KENTIA,
PHOWNIX, SAGO)
PEPPEROMIA
PETUNIA
PITTOSPORUM
PRAYER PLANT
PURPLE PASSION
ROSE
RUBBER PLANT
SCHEFFLERA
SENSITIVE PLANT

SNAKE PLANT
SPIDER PLANT
SWEDISH IVY
THISTLE
VELVET NETTLE
WANDERING JEW
WAX PLANT
WHITE CLOVER
YUCCA
ZEBRA PLANT
ZINNIA

Non-Toxic Trees

Tree Limbs non-toxic for birds:

Apple
Arbutus
Ash
Aspen
Beech
Birch
Citrus (any)
Cottonwood
Crabapple
Dogwood
Elm
Eucalyptus
Fir
Guava
Hawthorn
Larch
Madrona
Magnolia
Manzanita
Norfolk Island Pine
Nuts (except chestnut and oak)
Palms (areca, date, fan, lady, parlour)
Palms (howeia, kentia, phoenix, sago)
Pear
Pine
Poplar
Sequoia (Redwood)
Willow

Toxic Plants

Plants toxic for birds:

ARUM LILY
AMARYLLIS
ARALIA
ARROWHEAD VINE
AUTUMN CROCUS
AUSTRALIAN FLAMETREE
AUSTRALIAN UMBRELLA TREE
AVOCADO
AZALEA
BANE BERRY
BEANS: (CASTOR, HORSE, FAVA,
BROAD, GLORY, SCARLET RUNNER,
MESCAL, NAVY, PREGATORY
BIRD OF PARADISE
BISHOP'S WEED
BLACK LAUREL
BLACK LOCUST
BLEEDING HEART OR DUTCHMAN'S
BREECHES
BLOODROOT
BLUEBONNET
BLUEGREEN ALGAE
BOXWOOD
BRACKEN FERN
BUCKTHORN
BULB FLOWERS: (AMARYLLIS,
DAFFODIL, NARCISSUS, HYACINTH &
IRIS)
BURDOCK
BUTTERCUP
CACAO
CAMEL BUSH
CASTOR BEAN
CALADIUM
CANA LILY
CARDINAL FLOWER
CHALICE (TRUMPET VINE)
CHERRY TREE
CHINA BERRY TREE
CHRISTMAS CANDLE
CLEMATIS (VIRGINIA BOWER)
CLIVIA
COCKLEBUR
COFFEE (SENNA)
COFFEE BEAN (RATTLEBUSH, RATTLE
BOX & COFFEEWEED)
CORAL PLANT
CORIANDER

CORNCOCKLE
COYOTILLO
COWSLIP
CUTLEAF PHILODENDRON
DAFFODIL
DAPHNE
DATURA STRAMONIUM (ANGEL'S
TRUMPET)
DEATH CAMUS
DELPHINIUM
DEVIL'S IVY
DIEFFENBACHIA (DUMB CANE)
ELDERBERRY
ELEPHANT EAR (TARO)
ENGLISH IVY
ERGOT
EUCALYPTUS (DRIED, DYED OR
TREATED IN FLORAL ARRANGEMENTS)
EUONYMUS (SPINDLE TREE)
EUPHORBIA CACTUS
FALSE HELLEBORE
FLAME TREE
FELT PLANT (MATERNITY, AIR &
PANDA PLANTS)
FIG (WEeping)
FIRE THORN
FLAMINGO FLOWER
FOUR O'CLOCK
FOXGLOVE
GLOTTIDIUM
GOLDEN CHAIN
GRASS: (JOHNSON, SORGHUM,
SUDAN & BROOM CORN)
GROUND CHERRY
HEATHS: (KALMIA, LEUCOTHO,
PEIRES, RHODODENDRON, MTN.
LAUREL, BLACK LAUREL, ANDROMEDA
& AZALEA)
HELIOTROPE
HEMLOCK: (POISON & WATER)
HENBANE
HOLLY
HONEY SUCKLE
HORSE CHESTNUT
HORSE TAIL
HOYA
HYACINTH
HYDRANGEA
IRIS
IVY: (ENGLISH & OTHERS)
JACK-IN-THE-PULPIT
JASMINE (JESSAMINE)
JERUSALEM CHERRY

Toxic Plants cont...

JIMSONWEED
JUNIPER
KY. COFFEE TREE
LANTANA (RED SAGE)
LARKSPUR
LILY OF THE VALLEY
LILY, ARUM
LOBELIA
LOCOWEED (MILK VETCH)
LOCUSTS, BLACK/HONEY
LORDS & LADIES (CUCKOOPINT)
LUPINE
MALANGA
MARIJUANA (HEMP)
MAYAPPLE(MANDRAKE)
MEXICAN BREADFRUIT
MEXICAN POPPY
MILKWEED, COTTON BUSH
MISTLETOE
MOCK ORANGE
MONKSHOOD
MOONSEED
MORNING GLORY
MTN. LAUREL
MUSHROOMS, AMANITA
MYRTLE
NARCISSUS
NETTLES
NIGHTSHADES: (DEADLY, BLACK,
GARDEN, WOODY, BITTERSWEET,
EGGPLANT, JERUSALEM CHERRY)
OAK
OLEANDER
OXALIS
PARSLEY
PEACE LILY
PERIWINKLE
PHILODENDRONS: (SPLIT LEAF,
SWISS CHEESE, HEART-LEAF)
PIGWEEED
POINCIANA
POINSETTIA
POISON IVY
POISON HEMLOCK
POISON OAK: (WESTERN & EASTERN)
POKEWEED
POTATO SHOOTS
POTHOS
PRIVET
PYRACANTHA
RAIN TREE
RANUNCULUS, BUTTERCUP
RAPE
RATTLEBOX, CROTALARIA
RED MAPLE
RED SAGE (LANTANA)
RHUBARB LEAVES
RHODODENDRONS
ROSARY PEA SEEDS
SAND BOX TREE
SKUNK CABBAGE
SORREL (DOCK)
SNOW DROP
SPURGES: (PENCIL TREE, SNOW-ON-
MTN, CANDELABRA, CROWN OF
THORNS)
STAR OF BETHLEHEM
SWEET PEA
SWISS CHEESE PLANT (MONSTERA)
TANSY RAGWORT
TOBACCO
UMBRELLA PLANT
VETCH: HAIRY/COMMON
VIRGINIA CREEPER
WATTLE
WEeping FIG
WHITE CEDAR, CHINA BERRY
WISTERIA
YEWS
YELLOW JASMINE

Toxic Household Items

Household items toxic to birds:

ALCOHOLIC DRINKS
AMMONIA
ANTIFREEZE
ANT SYRUP or PASTE
ARSENIC
ASBESTOS
AUTO PRODUCTS
BATHROOM CLEANERS
BLEACH
BORIC ACID
CAMPHOPHENIQUE
CARBON MONOXIDE
CARPET CLEANERS
CARPET FRESHENERS
CHARCOAL FLUIDS
CHLORDANE
CHLORINE
CIGARETTE SMOKE
CLINITEST TABLETS
COPPER/BRASS CLEANER
CORN & WART REMOVER
DEODORANTS
DETERGENTS
DIAZINON
DISINFECTANTS
DRAIN CLEANERS
EPOXY GLUE
FELT TIP MARKERS
FLEA PRODUCTS
FLOOR POLISH
FORMALDEHYDE
FURNITURE POLISH
GARDEN SPRAYS
GASOLINE
GUN CLEANERS
HAIR DYES & SPRAYS
HERBICIDES
INSECTICIDES
IODINE
KEROSENE
LIGHTER FLUID
LYE
MATCHES
MELALEUCA OIL
MODEL CEMENT
MOTHBALLS

MURIATIC ACID
MUSHROOMS
NAILPOLISH/REMOVER
NITROGEN DIOXIDE
OVEN CLEANER
OVERHEATED NON-STICK
COOKWARE
PAINT & THINNER
PERFUME
PERMANENTS(HAIR)
PESTICIDES
PHOTO SOLUTIONS
PINE OIL
RX DRUGS
RODENTICIDES
RUBBING ALCOHOL
SCENTED CANDLES
SHAVING LOTION
SHELLAC
SHOE POLISH
SNAIL BAIT
SPOT REMOVERS
SPRAY STARCH
STRYCHNINE
SULFURIC ACID
SUPER GLUE
SUNTAN LOTIONS/OILS
SURGICAL ACRYLICS
TEA TREE OIL
TURPENTINE
WAX
WEED KILLERS
WINDOW CLEANERS
WOOD PRESERVATIVES

Toxic Foods

Foods toxic for birds:

1) Chocolate

Chocolate poisoning first affects a bird's digestive system, causing vomiting and diarrhea. As the condition progresses, the bird's central nervous system is affected, first causing seizures and eventually death.

2) Apple Seeds

Believe it or not, apples - along with other members of the rose family including cherries, peaches, apricots, and pears - contain trace amounts of Cyanide within their seeds. While the fruit of the apple is fine for your bird, be aware that in addition to the poisonous seeds, there may be pesticides present on the fruit's skin. Be sure to thoroughly cleanse and core any apple pieces that you share with your bird to avoid exposure to these toxins.

3) Avocado

The skin and pit of this popular fruit had been known to cause cardiac distress and eventual heart failure in pet bird species. Although there is some debate to the degree of toxicity of avocados, it is generally advised to adopt a "better safe than sorry" attitude toward them and keep guacamole and other avocado products as far away from pet birds as possible.

4) Onions

While the use of limited amounts of onion or garlic powders as flavorings is generally regarded as acceptable, excessive consumption of onions causes vomiting, diarrhea, and a host of other digestive problems. It has

been found that prolonged exposure can lead to a blood condition called hemolytic anemia, which is followed by respiratory distress and eventual death.

5) Alcohol Although responsible bird owners would never dream of offering their pet an alcoholic drink, there have been instances in which free roaming birds have attained alcohol poisoning through helping themselves to unattended cocktails. Alcohol depresses the organ systems of birds and can be fatal. Make sure that your bird stays safe by securing him in his cage whenever alcohol is served in your home.

6) Mushrooms

Mushrooms are a type of fungus, and have been known to cause digestive upset in companion birds. Caps and stems of some varieties can induce liver failure.

7) Tomato Leaves

Tomatoes, like potatoes and other nightshades, have a tasty fruit that is fine when used as a treat for your bird. The stems, vines, and leaves, however, are highly toxic to your pet. Make sure that any time you offer your bird a tomato treat it has been properly cleaned and sliced, with the green parts removed, so that your bird will avoid exposure to any toxins.

8) Salt

While all living beings need regulated amounts of sodium in their systems, too much salt can lead to a host of health problems in birds, including excessive thirst, dehydration, kidney dysfunction, and death. Be sure to keep watch over the amount of salty foods your bird consumes.

9) Caffeine

Caffeinated beverages such as soda, coffee, and tea are popular among people - but allowing your bird to indulge in these drinks can be extremely hazardous. Caffeine causes cardiac malfunction in birds, and is associated with increased heartbeat, arrhythmia, hyper activity, and cardiac arrest. Share a healthy drink of pure fruit or vegetable juice with your bird instead - this will satisfy both your bird's taste buds and nutritional requirements.

10) Dried Beans

Cooked beans are a favorite treat of many birds, but raw, dry bean mixes can be extremely harmful to your pet. Uncooked beans contain a poison called hemagglutinin which is very toxic to birds. To avoid exposure, make sure to thoroughly cook any beans that you choose to share with your bird.

Other Foods to Avoid

Fatty foods High fat in the diet leads to obesity and may result in lipomas (fatty tumors), lipemia (fat in the blood), and hepatic lipidosis (fatty liver disease). Any greasy, oily or otherwise fatty food should be avoided.

Commonly overfed fatty foods include nuts, French fries, crackers, marbled meat, peanut butter, butter, fried chicken, fried anything etc.

Sugar foods Obviously, frosting is high in sugar and an undesirable foodstuff. Similarly, soda pop, candy and these types of foods are not recommended.

Dairy Birds lack the digestive enzymes needed to break down milk sugar and milk proteins. Uncultured milk products such as milk, cream and butter should not be fed but yogurt, cheeses and dried milk can be supplemented in the diet in moderation (they are also high in fat).

Lettuce A typical filler food, lettuce is low in everything except water. It is not recommended as a food supplement since it offers little, if anything, for the bird. If leafy foods are desired by your bird, try feeding spinach, collard greens, tops of bok choy, carrot tops or kale.

Avocado Although higher in fat than other veggies and used in other countries to condition birds for breeding, avocado has been shown to be toxic in some birds and its feeding is no longer recommended, as mentioned above in the Toxic Foods list.